

# This is the fast (Isaiah 57)

Capo 1

Words and music by Kevin Lee

C G Am C

Why have we fasted you say?

F Em F G

And afflicted our souls, when You turn away?

F Em Am C

Because, this is the fast I have chosen,

F Em Dm G

That you break every yoke, and loose every burden.

F Em Dm F G C Am Dm G7

This is the fast I will see, when you let the oppressed go free.

C Am Dm G7

F Em Am C

This is the fast I have chosen,

F Em Dm G

That you cover the naked, and shelter the poor.

F Em Dm F G C Am Dm G7

This is the fast I will see, when you feed the hungry for Me.

C Am Dm G7

F Em Dm G

This is an acceptable fast unto Me,

F Em G G7

And I'll hear your voice from on high.

F Em Dm G

Then will you call Me, and I will answer.

F Em Dm F G C Am Dm G7

This is the fast I will see, when you let the oppressed go free.

C Am Dm G7 C